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The following was written by Jiang Rong Qiao as a forward for Chen Yi Ren's book entitled "Liuhebafa Chuan", published September 1st, 1969. Jiang Rong Qiao, founder of Jiang Style Bagua Zhang, studied Liuhebafa from Wu Yi Hui during his time at the Nanjing Central Martial Arts Academy, where he became close friends with Chen Yi Ren.

Master Wu Yi Hui, my late friend and teacher, came to Beijing from his home of Tieling. He trained in various martial art styles since his childhood eventually specializing in the art of Liuhebafa. His mastery of Liuhebafa and skills in the internal arts could be said to be something quite unique in the nation.

In the past decades, people assumed Liuhebafa Chuan had from Taiji Chuan. In actuality, Liuhebafa came from the time of the Song Dynasty (several hundred years prior to the development of Taiji Chuan) devised by the famous Taoist Chen Xi Yi. When I first examined this style some 30 years ago I must admit that I too mistook it for being a variation of Taiji Chuan. It was only through the course of many years of research and close investigation that I can now say with conviction that Liuhebafa not only doesn't come from Taiji Chuan, but also that there is no relation between these two styles what so ever.

Liuhebafa's place of origin is Luyi Village, located in Henan Province's Shen Qiu County. That region, as well as Heilongjiang Province's Jia Mu Si region, are places where it exists in abundance. However, even among those practitioners, the Liuhebafa training method of Wu Yi Hui is distinct; his Liuhebafa as an art and skill has considerable worth. Another specialist in Liuhebafa is Mr. Xu Wen Bing, a feudal official of Jinan City and former manager of Henan Province's Martial Arts Academy. However, his Liuhebafa is not as refined as that of Wu Yi Hui.

I would like to stress that Liuhebafa Chuan and Taiji Chuan are 2 distinct styles that are fundamentally different from one another. For example, Liuhebafa Chuan has more than 510 separate postures and movements, each with a distinct name, and performed from beginning to end with an unceasing force. Where as Taiji Chuan has many repeated postures throughout, like "single whip", "buddha's warrior pounds mortar", and so on. It ends up with only 30 or more separate movements in total. From points like this and various other realizations I've come to the conclusion that Liuhebafa and Taiji Chuan clearly have no relationship whatsoever. I say this with the utmost conviction as I have personally learned from Mr. Wu Yi Hui the first half of the form Zhu Ji. From my study and experience I realized that true Liuhebafa is difficult to study and demands great dedication to master.

This document is written for my close friend Chen Yi Ren to promote the publication of his book "Liuhebafa Chuan", that will indeed be appreciated in contemporary martial art circles to the many greatly devoted, not only to focus their training but also to give a clear and distinct presentation of the style.

By Jiang Rong Qiao written in Shanghai for Chen Yi Ren

